



॥ श्री विष्णु सहस्रनाम स्तोत्र ॥

भगवान विष्णु सहस्रनाम के नियमित जाप से
भगवान विष्णु की कृपा प्राप्त होती है

FULL DISCLAIMER

This book is for educational, inspirational, and cultural purposes only. The remedies, rituals, affirmations, breathing methods, and spiritual practices described are based on traditional beliefs, historical customs, and personal development principles. They are not guaranteed solutions.

This book does not replace advice from licensed doctors, psychologists, financial advisors, lawyers, or other qualified professionals. If you have medical symptoms, mental health concerns, legal matters, or financial risk, seek professional help.

Use all remedies responsibly, ethically, peacefully, and according to local law. Do not use fire, herbs, fasting, incense, or physical practices in unsafe ways. The author and publisher are not liable for misuse.

Results in life depend on effort, discipline, timing, environment, skill, and many other factors. No spiritual method guarantees money, marriage, success, healing, or protection.

Hargharpanditji

"PUJA ON YOUR SCREEN, BLESSINGS
AT YOUR DOOR"

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श्री विष्णु सहस्रनाम पाठ (आरंभ)

ध्यानम्

शुक्लाम्बरधरं विष्णुं शशिवर्णं चतुर्भुजम्।
प्रसन्नवदनं ध्यायेत् सर्वविघ्नोपशान्तये॥

शान्ताकारं भुजगशयनं पद्मनाभं सुरेशम्।
विश्वाधारं गगनसदृशं मेघवर्णं शुभाङ्गम्॥

लक्ष्मीकान्तं कमलनयनं योगिभिर्ध्यानगम्यम्।
वन्दे विष्णुं भवभयहरं सर्वलोकैकनाथम्॥

विश्वं विष्णुर्वषट्कारो भूतभव्यभवत्प्रभुः।
भूतकृद्भूतभृद्भावो भूतात्मा भूतभावनः॥१॥

पूतात्मा परमात्मा च मुक्तानां परमागतिः।
अव्ययः पुरुषः साक्षी क्षेत्रज्ञोऽक्षर एव च॥२॥

योगो योगविदां नेता प्रधानपुरुषेश्वरः।
नारसिंहवपुः श्रीमान् केशवः पुरुषोत्तमः॥३॥

सर्वः शर्वः शिवः स्थाणुर्भूतादिर्निधिरव्ययः।
सम्भवो भावनो भर्ता प्रभवः प्रभुरीश्वरः॥४॥

स्वयम्भूः शम्भुरादित्यः पुष्कराक्षो महास्वनः।
अनादिनिधनो धाता विधाता धातुरुत्तमः॥५॥

फलश्रुति

य इदं शृणुयान्नित्यं यश्चापि परिकीर्तयेत्।
नाशुभं प्राप्नुयात्किञ्चित् सोऽमुत्रेह च मानवः॥

